

The Mayfield Loop Lesson 1

Student Worksheet:

EVALUATING OUR LEARNING SPACE USING THE MAYFIELD LOOP



Name:	
Date:	

1. Entry Activity – First Impressions

Write **three words** that describe how this space feels to you right now:

Why do you think you chose these words?

2. Contextual Data Snapshot

Circle or tick the option that best matches the space right now:

Category	Options
Time of day	Morning / Midday / Afternoon
Temperature	Hot / Comfortable / Cold
Light	Bright / Dim / Mixed
Air quality	Fresh / Stuffy / Breezy
Noise	Quiet / Moderate / Loud



3. Mayfield Loop Questions

Answer each question in 1–2 sentences.

Emotional Pulse: Are you content learning in this space today? Why?

Agency: Can you adapt this space to suit your needs? Why or why not?

Positive Learning: Where do you learn best in this space? Why?

Friction: Where is it hardest to focus? Why?

Active: Where do you feel most energised or playful?

Rest: Where do you feel calm or at ease?

Avoidance: Is there anything you avoid in this space? Why?

Change: If you could change one thing, what would it be?

Keep: What should never change here?

3. Spatial Mapping

Sketch the space below (or use the provided plan, if applicable).

Use colours or labels to show:

- Best learning zones
- Hard-to-focus areas
- Calm areas
- Energising areas
- Avoidance zones

(Attach extra paper if needed.)

5. Group Reflection

Discuss with your group and record:

One thing we would change:

One thing we would keep:



6. Final Reflection